



The best activities guide around!

SEPTEMBER 2010



Labor Day 5K Fun Run – 4th  
CZCC Hispanic History Month Lunch Buffet – 3rd  
Texas Hold'em Tournament – 11th  
Club Championship – 11th, 12th  
Music Friendship Festival – 18th, 19th  
Day for Kids – 25th

“See the Bugle for the advertisement”.



The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

# ZAMA Community BUGLE

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## THIS MONTH'S COVER

Kiwamu Kawano is an artist, but, instead of using a brush, he uses a spray gun. Kawano-san, who has been a fender repairer in the Fleet Maintenance Section of the MWR Automotive Skills Center for more than 2 years, was a motorcycle customizer previous to coming to MWR. When the MWR Bowling Center decided to customize their Red Pin Delivery Service van Kawano-san was asked to submit a design proposal, and the result of his artistic talent with the spray gun can be seen in the photo of this month's Bugle cover. Kawano-san received a certificate of appreciation for his artistic effort. Be sure to check the Zama Bowl Snack Bar Red Pin Delivery Service for the list of menu items which can be delivered at Camp Zama daily from 5 - 9 pm (our personal choice is the personal size pan pizza - all 5 varieties, but, after hours delivery or for lunch at the snack bar, you can't beat the choices and the prices).

Photo by Mr. Richard Haun.

**“See the Bugle for the advertisement”.**



Please give us your

## ADV ICE

Interactive Customer Evaluation

**We are listening!**

*Good or Bad, we'd like to know!*

Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

<http://ice.dlsa.mil/index.cfm>



**N**ote: The

Zama Youth Center  
will be closed on the  
following days:

**3 September, training  
holiday; 6 September,  
Labor Day; 18  
September, Music  
Festival.**

## ■ Child, Youth and School Services

• 263-4500 [www.zamayouthcenter.org](http://www.zamayouthcenter.org)

### HOURS OF OPERATION

Monday - Thursday	1430 - 2000
Friday	1430 - 2200
Saturday	1300 - 2200
Sunday and Holidays	Closed

\* Hours may change due to scheduled programs.

### YOUTH CENTER

#### • *Smart Girls*

Smart Girls is a health, fitness, prevention / education and self-esteem enhancement program for our female club members ages 11 - 17. This program is designed to encourage

healthy attitudes and lifestyles that will enable adolescent / teen girls to develop their full potential. To find out more about this program, contact Ms. Cindy Rodriguez at [cindy.rodriguez3@us.army.mil](mailto:cindy.rodriguez3@us.army.mil).

#### • *Passport to Manhood*

Passport to Manhood is a program that concentrates on specific aspects of manhood through highly interactive activities for all club members ages 11 - 14. This program is designed to teach and promote responsibility, reinforce positive behavior and develop character in adolescent males. To find out more about this program, contact Mr. Eric Nakai at [eric.nakai@us.army.mil](mailto:eric.nakai@us.army.mil).

#### • *"6th Grade Happening"*

September 17, 7 - 10 pm. Calling all Arnn and Shirley Lanham 6th graders! Get dressed in your best and come out and party with your peers at the first "6th Grade Happening" of the 2010 - 2011 school year! Cost is \$2. Transportation is provided. Buses

## U-TURN PROGRAM



Do U need help with school work? Do U need help with college applications, scholarships, or career preparation? The U-Turn program is designed for youth to get the help they need to graduate and move on to higher education. It's up to U to turn yourself around. If U want to graduate, make a U-Turn and start taking charge of your life. All U need is time and the youth center is providing it for U Tuesday and Thursdays starting 7 September, from 5:30 - 7 pm. This program is opened to all registered members in 6th - 12th grades. To find out more about this program, contact 263-4500.



## The Zama Youth Center COLLEGE FAIR

  
U.S. Army Child, Youth  
& School Services



**Attention all Teens!!!** The Camp Zama Youth Center will be hosting another College Fair, 30 September, 5 - 7 pm. Come check out the many universities that provide us information about their schools. We also have many volunteers who will be sharing information about their schools. For more information about the college fair or if you're interested in volunteering, please contact Ms. Yeli Marin Guzman at 263-4500 or [yelitza.maringuzman@us.army.mil](mailto:yelitza.maringuzman@us.army.mil).

depart SHA Narita bus stop at 6:30 pm and Atsugi Theater at 6:15 pm to the youth center. Return bus departs the youth center at 10 pm.

• **Zama Youth Book of Records**

September 16, 3 pm. Want to see your name in the Zama Youth Book of Records? Well, come join us at the Zama Youth Center to see if you have what it takes to set a new record in free throws, 3 point shoot outs, hula hoop spins, pogo stick jumps, fastest rubric's cube or the Wii home runs. This monthly event is open to all registered members in grades 6 - 12.

**BE A PART OF SOMETHING SPECIAL! JOIN A CLUB!**

• **Keystone Club:**

A great leadership program for teens 14 - 18. This program gives young people the opportunity to contribute something of value to others and to have a voice in how that contribution is made. Keystoneers plan and implement their own activities in

six core areas: character and leadership, service to club and community, education and career exploration, free enterprise, unity and social recreation. To find out more about this program and how to get involved, contact Ms. Yelitza Marin-Guzman: yelitza.maringuzman@us.army.mil

• **Torch Club:**

A great leadership program for tweens 11 - 13. Torch Club members learn to work together to plan and implement activities in four areas: service to club and community; education; health and fitness; and social recreation. Through service activities, Torch Club members identify club and community needs, develop programs and activities and actively participate in their community. To find out more about this program, e-mail quinton.smith4@us.army.mil

• **DJ Club:**

Do you want to be your own boss? Do you love listening to music? Do you need to make some money? Well, the Camp Zama Teen Center

has a program for YOU. The Zama Youth Center staff will teach you all the basic criteria to become a professional DJ. This program is for registered members 7th - 12th grades. To find out more about this program, contact Mr. Robert Chance at 263-5441.

• **Tech Club & ZTN Crew:**

Be a part of a youth run news show! Club members in grades 6 - 12 will learn how to film, edit and produce their own news show which will be shown on the Zama Youth Center's website and on the MWR Channel. We're looking for youth anchors, reporters, camera persons, editors, and producers. Youths may join at anytime. Also, check out Camp Zama's Teen Tech Team! Members are involved in photo taking, manipulation, movie making, web designing, and community projects concerning technology and much, much more. To find out more about this program, contact Mr. Chrismond Raga at chrismond.Raga@us.army.mil.

“See the Bugle for the advertisement”.

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**ZAMA CHILD DEVELOPMENT CENTER, 263-4992**

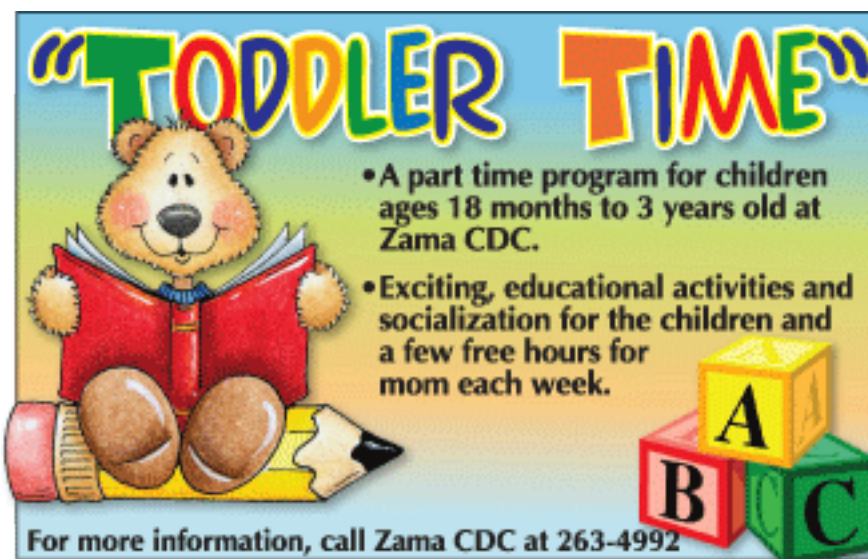
- **Classic Music Day**  
Wednesday, 1 September
- **Field Trip to Fantasyland (Pre-School)**  
Thursday, 2 September, 9 am - 3:30 pm
- **Closed**  
\* Friday, 3 September (CYS In-Service Training)  
\* Monday, 6 September (Labor Day)
- **Dress Up Day**  
"When I grow up I want to be a ..."  
Tuesday, 7 September
- **International Literacy Day**  
Wednesday, 8 September
- **Teddy Bear and Pajama Day**  
Thursday, 9 September
- **Family Picture Day**  
Friday, 10 September
- **National Child Care Week**  
Monday - Friday, 13 - 17, September
- **Grandparent's Day**  
Monday, 13 September
- **Library Time**  
Tuesday, 14 September, 10 - 11 am
- **PAC Meeting**  
Thursday, 16 September, 11:30 am - 12:30 pm
- **Caregiver Appreciation Potluck**  
Friday, 17 September, 11 am - 1 pm
- **International Day of Peace**  
Tuesday, 21 September
- **Brown Bag Lunch with MFLC**  
Tuesday, 21 September, 11:30 am - 12:30 pm

- **National Day of Play Celebration**  
Friday, 24 September
- **Field Trip to Youth Center Gym**  
Friday, 24 September, 9:30 - 10:30 am
- **Johnny Appleseed's Birthday**  
Monday, 27 September
- **Library Time**  
Tuesday, 28 September, 10 - 11 am

**SHA CHILD DEVELOPMENT CENTER, 267-6348**

- **Back to School Month**  
Before and After Kindergarten Enrichment Program, 5:30 - 8 am and 3:05 - 6 pm everyday
- **Closed (Training Day)**  
Friday, 3 September
- **Brown Bag Discussion**  
"Power Struggles with Your Chil-

- dren", Friday, 10 September, 11:30 am - 12:30 pm
- **Grandparent's Day**  
Friday, 10 September
- **PAC Meeting at Cafe Roberto's**  
Thursday, 16 September, 11:30 am - 12:30 pm
- **Infant Massage (FREE)**  
Thursday, 16 September, 3:30 - 4:30 pm. Open to all parents. 267-6564.
- **Autumn "Equinox Day"**  
Thursday, 23 September
- **Johnny Appleseed's Birthday**  
Monday, 27 September
- **Parent Japanese Cooking Class (FREE)**, call 267-6564.  
Making "Onigiri". Monday, 27 September, 9 - 10 am. Open to all parents (only 8 spaces available)



**"TODDLER TIME"**

- A part time program for children ages 18 months to 3 years old at Zama CDC.
- Exciting, educational activities and socialization for the children and a few free hours for mom each week.

For more information, call Zama CDC at 263-4992

**Educational and Developmental Intervention Services**

**Baby Gym**

**Hosted by**  
**Tara Vollertsen, MPT**  
**Pediatric Physical Therapist**

**Thursday, 9 September,**  
**3:30 - 4:30 at SHA CDC Gross**  
**Motor Room**

Help your baby develop motor skills through games and activities. Open to all children birth to pre-walking.  
Please bring a towel and comfortable clothes.

Improve Balance • Have Fun • Bond with Your Baby • Build Strength • Develop Coordination • Play with Others



# A

re you

looking for a place where your children can join other children in a fun learning environment? Come join School Age Services Before and After school program.

**REMEMBER:** our SAS motto, "If its fun we'll do it"

## ■ School Age Services • 267-6013

### ... SAS SEPTEMBER EVENTS ...

SAS September Theme: "**Back to School**"

Character Counts: **Responsibility**

• Monday	6	Closed	Labor Day (Federal Holiday)
• Thursday	9		Nutrition Tips
• Friday	24		Funtastic Adventure Day Trip to Shinjuku Gyoen National Park

### WELCOME TO SCHOOL AGE SERVICES NEW SCHOOL YEAR 2010 - 2011

School Age Services (SAS) supplements the school schedule with a wide variety of after school activities for youths 1st - 6th grade. SAS offers care for "Before and After"

School, Hourly Care Open Recreation Program, School Day Out and a Summer Camp Program. The Before and After School program has options for before school only or after school only. Each of these options entitles program participants to full day care services during out of school periods, excluding federal holidays, during the school year. Additionally, separate SAS Camps are operated during winter and spring breaks for those patrons who normally do not require daily before and after school care. During the summer months, SAS operates a full day camp program over eleven, one-week sessions.

### ATTENTION PARENTS

#### ... 2010 - 2011 School Year Information ...

##### **Before Care:**

School Age Services (SAS) staff will depart SAS on SHA at 08:05 with before care children and walk them to school.

##### **After Care:**

At 14:15 SAS staff will be waiting at the SHA meeting point an Arnn Elementary playground to sign children into the after school program.

##### **Changes for 6th graders attending SAS:**

This coming school year for sixth graders attending School Age Services the cost will be **FREE**.

#### ... SAS Program Hours ...

Half Day School	0530 - 0830 and 1200 - 1800
No School Day	0530 - 1800
Before / After Program Hours	0530 - 0830 and 1430 - 1800
Early Release	0530 - 0830 and 1130 - 1800
Zama Drop Off and Pick up Point	0700 - 0815 and 1515 - 1800

### PARENT'S ADVISORY COUNCIL (PAC) MEETING

Parents, this is a great opportunity for you to provide input, answer questions and share your concerns. We meet in Bldg 337, 4:45 pm. The next Parent Advisory Council meeting is scheduled for 16 September. There are many newcomers in our community and we would like to extend a special invitation for you to attend.

*Come out and enjoy a free Saturday afternoon concert with the*

*Narita Junior String Orchestra*

Saturday, 6 November, at the Community Activity Center

Doors open: 1 pm  
Concert starts: 1:30 pm

Members from the Zama American High School band will perform with the orchestra.

Cosponsored by Child, Youth & School Services





## VOLUNTEER COACHES

The #1 priority in providing a great youth sports program is our volunteer coaches - people just like YOU. We need you in order to provide a great experience for the youths in our community. If you're interested, please contact us at 263-5437. In addition, more information and an application are on our website: [www.zamayouthsports.org](http://www.zamayouthsports.org). As soon as we receive your application, we will process all required documents and schedule you for a coach's class to be certified to coach youth. Upcoming sports coaches are needed for: dodgeball 7 - 10 and 11 - 15 age groups and basketball; 9 - 10, 11 - 12, 13- 15 (boys) and 9 - 11 and 12 - 15 girls age groups.

## SPORTS PHYSICAL

AR 608-10 requires all youth participating in youth sports programs to complete annual sports physicals and provide a copy as part of their registration. All registrations are completed at the CYS Parent Central Services located in Bldg 533, Camp Zama. To help, CER staff is making contact with Families 30 days prior to expiration of youth sports physicals to allow parents time to schedule



**Fall Swim Team Registration**

Fall Swim Team sign up is ongoing until filled. Practices started in late August. Starting this season, high school students can sign up and earn a high school letter if they meet certain conditions outlined by DoDDS.

a current youth sports physical. Please note that appointments at BG Crawford R. Sams Clinic may be limited as the result of so many renewing their youth sports physical.

## REGISTRATION

Do you want to participate in a youth

sports program or clinic? It all begins with a visit to Parent Central Services located in Bldg 533, Camp Zama (behind the PX). They'll provide you with the appropriate registration paperwork and collect any fees necessary. Please ensure your child's sports physical is current before you register.



**FALL SOCCER**

Games start 4 September - 16 October. Age group are 5 - 6, 7 - 8 (Co-ed); 9 - 10, 11 - 12, 13 - 14 (Boys); 9 - 11 and 12 - 15 (Girls).

# SAS PROGRAMS OFFERED

**School Age Services (SAS)** offers care for Before and After School with options for before school only or after school only.

- Full day care on school out days
- Winter/Spring/Summer Camps
- Funastic Adventure for a day
- Half a day escape
- Creative play



**"Super-Saturdays":** Free Open Recreation activities every second and fourth Saturday for the community from 1 - 6 pm. All events guarantee fun for your children.

**"Funastic Adventure Day":** School Age Services will provide a day of adventure for your children on school out days from 8 am - 5 pm. Cost is \$25 per day.

**"Half a Day Escape":** School Age Services will provide care for your children on early release days from noon - 6 pm. Cost \$15 per day.

**"Creative Play"** (occasional/hourly care): SAS will provide 12 hours of hourly care per month. Reservations must be made in advance. Cost is \$3 per hour.

- Breakfast, lunch and PM snacks served
- Activities include 4H clubs and BGCA activities, computer and homework lab, art activities, field trips, etc.
- All children must be CYS registered members.

**"International Outreach"** This program is designed for SOFA status children attending Japanese schools. School Age Services will provide creative, fun activities, socialization time, and field trips during Japanese holidays and out of school breaks.

To register your child or for more information, please stop by the Parent Central Services in Bldg 533 on Camp Zama, or call 263-4125 or SAS at 267-6013.

# N

ichibei

Friendship Tournament

Wednesday, 15

September, shotgun

start at 9:30 am. Contact

Ernie Harada at

263-4225 to sign

up. Cost is \$25 for

SOFA status golfers

plus green fees for

nonmembers.

## ■ Camp Zama Golf Club • 263-3694

<http://www.usarj.army.mil/information/mwr/business/golf/>

### Mark Your Calendars!

Club Championship - - - - - 11 - 12 September

Zama Open - - - - - 16 - 17 October



### TOMODACHI DAYS ARE AS FOLLOWS:

3 September - Friday

10 September - Friday

21 September - Tuesday

28 September - Tuesday

Your Japanese guests (max 3 guests per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

### TEE TIME INFORMATION

#### • Weekday tee times

Weekday tee times will be given out two weeks in advance for individual tee times, or 90 days in advance for larger groups. Requests for multiple tee times must be made in writing (or e-mail) to course management.

#### • Weekend / US holiday

Tee times are requested in advance using the tee time request form. Fill out the request form and drop it in the tee-time request box in the golf shop NLT 5 pm on the Tuesday prior for weekends and US holidays. Tee times will be drawn Wednesday morning and posted later that day. The priority system on the request form will be followed. You need at least 3 people to reserve a tee time on weekends / holidays.

**NOTE:** All golfers are asked to check-in with the starter at least 15 minutes prior to their scheduled tee time.

*Titleist* **DEMO DAY**

*cobra*

(Camp Zama Driving Range)

FRIDAY, 24 SEPTEMBER, 4 - 7 PM

For more information, 263-3694



**July 30th "Payday Scramble" winning team with a score of 14 under par.**

Left to right: Mike Haney, MG Wiercinski, COL Deyeso, Dennis Staley



## LUNCH

### Sunday

- 5 Panko Fish w/Rice and Vegetables
- 12 Panko Chicken w/Fried Rice and Vegetables
- 19 Stir-Fry Chicken
- 26 Curry Rice

### Monday

- 6 No Lunch Special (Labor Day)
- 13 Chicken Florentine
- 20 Glazed Ham w/Dijon Pineapple Sauce
- 27 Sweet Citrus Chicken

### Tuesday

- 7 Camp Zama Mashed Potatoes and Stir Fried Chicken w/ Vegetables
- 14 Mixed Seafood Chow Mein
- 21 Yakisoba Thai Style
- 28 Spare Ribs (BBQ Sauce)

### Wednesday

- 1 Oven Toast Deli Sandwich
- 8 Easy Bistro Chicken
- 15 1-2-3 Hash Brown Pie
- 22 All-In-One Spaghetti Frittata
- 29 Bistro Chicken

## LUNCH

### Thursday

- 2 Quick Easy Pork Simmer
- 9 Vietnamese Spring Rolls
- 16 Cheesy Mac Topped Casserole
- 23 Quick Fix Beef Burrito
- 30 Italian Cheddar Bake

### Friday

- 3 Creamy Broccoli Stuffed

## LUNCH

Chicken Breast

- 10 Asian Turkey Wrap
- 17 Creamy Turkey and Cheese Wrap
- 24 Easy Chicken Skewers w/Peanut Sauce

### Saturday

No Lunch Special

CAMP ZAMA GOLF CLUB 263-3694

## LEARN TO GOLF ADULT CLASSES

Includes: - Five 90 Minute Group Lessons  
Four On The Range And  
One On The Golf Course, - Plus Four 9 Hole  
Rounds Of Golf,  
- Clubs And Balls Provided.

**SIGN UP NOW IN THE GOLF SHOP**

**INSTRUCTOR: DALE JORGENSEN, DIRECTOR OF GOLF 263-3694, EMAIL AT DALE.JORGENSEN@ZAMA.ARMY.MIL**  
WHEN: THURSDAYS, 1600-1730 HOURS AT CAMP ZAMA GOLF CLUB DRIVING RANGE (PAST GATE 7)  
COST: \$99 PER PERSON, MINIMUM 5-MAXIMUM 8 STUDENTS  
SESSION #6 - Sept 30th, October 7th, 14th, 21st and 28th

**INSTRUCTOR: MIKE SUL, ASSISTANT GOLF PROFESSIONAL 263-4975, EMAIL AT MICHAEL.SUL@US.ARMY.MIL**  
WHEN: TUESDAYS, 1600-1730 HOURS AT CAMP ZAMA GOLF CLUB DRIVING RANGE (PAST GATE 7)  
COST: \$89 PER PERSON, MINIMUM 6-MAXIMUM 8 STUDENTS  
SESSION #6 - Sept 7th, 14th, 21st, 28th, and Oct 5th  
SESSION #7 - Oct 19th, 26th, Nov 2nd, 9th, and 16th

ELIGIBILITY: OPEN TO SOFA STATUS PERSONNEL, MLC, IHA, HPT AND JGSDF ONLY

## JR. GOLF TOURNAMENT RESULTS



"Participants in this year's Jr. Golf Tournament (left to right). Xavier Ryan, Jacob Brede, Kimberly Lopes, Matthew Araki (3rd place - 9 and under), Zion Shaw, Daniel Posthumus (2nd place 9 and under), Ryan Posthumus, Dakota Baillargeon, Joshua Draper (1st place - 9 and under), Ryan Fameli, David Jayne (1st place 10 and above), Keiyl Sasano, Aaron Gushikuma (2nd place 10 and above) and Cameron Brede (3rd place 10 and above). Instructors were Dale Jorgenson, Director of Golf on the left and Ernie Harada, Head Golf Professional on the right".



# C

afe Roberto.

Hours of operation are  
**Tuesday - Sunday,**  
**11 am - 11 pm. Proudly**  
**serving Starbucks Coffee**  
**all day!!! Enjoy sandwiches,**  
**salads, nachos, pizza and**  
**desserts with Family or**  
**friends in Cafe Roberto. No**  
**food service after 10 pm.**

**CZCC**  
**BINGO**  
*Night*  
**Every Thursday Night!**  
 Cards on sale starting: 6 pm  
 Early Bird Game starts: 6:45 pm  
 Regular Game starts: 7 pm.  
 Up and Down Jackpot \$3,000 starting  
 at 46 numbers and every 3 weeks will  
 go up 1 number and go down \$100,  
 and Progress SR Jackpot \$5,000  
 starting at 46 numbers and every 3  
 weeks will go up 1 number.  
**FOR MORE INFORMATION,**  
**PLEASE CALL 263 - 4547**

## ■ Camp Zama Community Club

• 263-4547

### FIRELITE LOUNGE

#### • Hip Hop Music w/DJ

On Friday Night, 3, 17 and 24 Sep-  
 tember, "Hip Hop music w/DJ" in the  
 Firelite playing your favorite Hip Hop  
 artist songs from 10 pm - 3 am.

#### • Latino Night

Friday, 10 September and Saturday,  
 25 September, 10 pm - 2:30 am in  
 the Firelite. Dance to the sounds of  
 Latino music from the best Latino  
 DJ's in Japan.

#### • Country Music with DJ

On Saturday night, 4 and 11 Sep-  
 tember, 8 pm - 2:30 am in the  
 Firelite Lounge, hear your favorite  
 country artist songs. On the 2nd and  
 4th Wednesday, enjoy free line dance  
 instruction from 8 - 9:30 pm.

#### • Old School Night

Saturday, 18 September, 8 pm - 2:30  
 am, playing your favorite 60's, 70's,  
 80's and 90's artist songs.

### LUNCH

#### Sunday Brunch (10 am - 1:30 pm):

Adults: \$12.95  
 Youths 8 - 12: \$6.95  
 Youths 4 - 7: \$3.95  
 3 and under: Free

#### Tuesday: (Rotisserie Chicken, Katsu Don and vegetable of the day)

7 Fried Menchi Cutlet  
 14 Meat Doria  
 21 Lemon Pepper Herbed  
 Chicken  
 28 Chicken Diablo

#### Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

1 Veal Parmesan  
 8 Italian Sausage and Peppers  
 15 Hamburger Steak  
 22 Pork Chop Suey  
 29 Sauteed Pork Siciliana

#### Thursday: (Rotisserie Chicken and vegetable of the day)

## Catering Services



The Catering Office is open Tuesday,  
 Thursday and Friday, 9:30 am - 5:30 pm,  
 plus it is open on Wednesdays by appoint-  
 ment only. For additional information and  
 assistance, please phone 263-4204.

C A M P Z A M A C O M M U N I T Y C L U B ' S

# Hispanic

## Historic

### LUNCH BUFFET

FRIDAY, 3 SEPTEMBER, 11 AM-1 PM, MAIN DINING ROOM

- Beef Fajita
- Chicken Fajita
- Spanish Omelet (Potato & Garlic Omelet)
- Aroz Con Pollo (Chicken & Spanish Rice)
- Sopa De Ajo (Spanish Garlic Soup)
- Flan (Custard Pudding)
- Cinnamon Crispas (Fried Tortilla W/ Cinnamon Sugar)
- Kahlua Chocolate Mousse

**COST: \$9.95 PER PERSON**

**For more information, please call 263-4547**

## LUNCH

- 2 • Pork Cutlet Milanese
  - Penne Arrabiata
  - 9 • Pork Adobo
  - Garlic Tomato Cream Pasta
  - 16 • Stuffed Cabbage Roll  
w/Cream Sauce
  - Spaghetti w/Meat Sauce
  - 23 • Sauerbraten
  - Spaghetti Napolitan
  - 30 • Ton Pou Rou Chicken
  - Penne Pasta Primavera
- Friday "Lunch Buffet"** (soup and vegetable of the day, \$7.95)
- 3 • Hispanic History Lunch  
Buffet  
(see page 11 for menu)
  - 10 • BBQ Chicken
  - Macaroni and Meat Sauce  
Casserole
  - Jambalaya
  - Mashed Potatoes
  - 17 • Baked Meat Loaf
  - Tuna Noodle Casserole
  - White Rice, Mashed Potatoes
  - 24 • Honolua Yakisoba
  - Kalua Pork
  - White Rice, Fried Rice

## DINNER MENU

**Sunday** (limited menu) 5 - 9 pm  
"2 for 1 Steak Night"  
(no take out)  
Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.

**Monday** - Closed

**Tuesday** (5 - 9 pm)  
2 meals for \$15 and limited menu. Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered. (no take out).

**Wednesday** (5 - 9 pm)  
• Mongolian BBQ (\$0.75 oz)  
• Limited menu

Reservations: Please call 263-4547 before 3 pm.

**Thursday** (5 - 9 pm)  
• "All You Can Eat Pizza,  
Pasta, Soup and Salad Bar"

## DINNER MENU

(no take out)  
Adults: \$10.95  
Youths 4 - 12: \$5.95  
Under 3 years old: Free

- Regular menu

**Friday "Chef's Special"** (5 - 9 pm)  
Regular Menu  
Buffet

- 10 Bunco Night
- 24 Community Night

**Saturday** (5 - 9 pm)  
• Regular Menu  
• Prime Rib Dinner  
• Prime Rib and  
Shrimp Scampi

- 11 Texas Hold'em

Our regular menu will be offered in addition to the above specials on Saturday night.



**FREE • FREE • FREE**

**It's BUNCO TIME!**

**Gals ... and guys too!**

**10 September, 6:30 pm, at CZCC Ballroom (right wing)**

**CASH PRIZES**

\$100	Most Buncos
\$100	Most Mini Buncos
\$100	Most Wins
\$100	Most Losses

**Light snacks are available.**

**Participants must be 18 or older.**

**For more information, 263-4547**

COME OUT TO YOUR NEW CAMARADERIE & TEAM BUILDING

## SOCIAL HOUR!

**WEDNESDAYS, 4:30-7 PM @ CAFE ROBERTO'S**  
**FRIDAYS, 5-7 PM @ FIRELITE LOUNGE**



1st Friday - "Right Arm Night"  
2nd Friday - "Bring Your Boss Night"  
3rd Friday - No Social Hour On Community Nights  
4th Friday - Ichi Dan Night "One Team"

**FREE HORS D'OEUVRES**

**UNBELIEVABLE RETRO-PRICES**  
**\$1-\$1.50 DRINK SPECIALS**  
**WEEKLY COCKTAIL SPECIALS**  
**FREE DOOR PRIZES EVERY FRIDAY**

**WE SUPPORT THE DESIGNATED DRIVER PROGRAM**  
Please contact a club employee if you need a ride home

FOR MORE INFORMATION, PLEASE CALL

**263-4547**



CAMP ZAMA COMMUNITY CLUB SERVING THE BEST CUSTOMERS IN THE WORLD

“See the Bugle for the advertisement”.



- *King of the Hill*  
(CANCELLED)
- *No Tap Tournament*  
(CANCELLED)
- *Family Time Free Bowling*  
Thursday's, 3 - 10 pm.

**Labor Day  
Tournament**

**Monday, 6 September**  
**Starts At 1300 Hours**  
**Zama Bowling Center**

For more information,  
please call 263-4780



**SATURDAY 11 SEPTEMBER 2 PM**  
**CZCC BALLROOM**

*Tickets purchased by 7 September \$40, after 7 September \$50*  
*Includes non-alcoholic drinks and prizes*  
*Prizes will be based on the number of players*  
*Sign up at CZCC Cashier's Window*  
*Adults Only*



**FOR MORE INFO, PLEASE CALL 263-4547**

**TEXAS HOLD'EM TOURNAMENT**



**Camp Zama**  
**Community Night**



PRESENTS

**"MWR TAILGATE PARTY"**

**FRIDAY, 24 SEPTEMBER, 5-7 PM**  
**ZAMA HIGH SCHOOL FOOTBALL FIELD**

**Free Food!**

**A GREAT TIME FOR EVERYONE!**

**FOR MORE INFORMATION, PLEASE CALL 263-4547**





Are you ready for some Football? The CZCC presents

# GRIDIRON CHALLENGE

## QUESTIONS AND ANSWERS

The "Gridiron Challenge" is a Camp Zama Community Club program. A very high percentage of the military community is "football-oriented" and this challenge will provide football fans the opportunity to show their knowledge of the game by picking the weekly game winners. There is no cost to play the "Gridiron Challenge".

There are four parts to the Challenge---here is some information you should know.

### (1) 17 WEEKS - REGULAR SEASON

For 17 weeks, from 9 September to 6 January, you can pick up an entry form at "Football Frenzy" held every Thursday from 5 - 7 pm in the Firelight Lounge showcasing the games scheduled for the forthcoming week. Entry forms must be turned in before 7 pm to the staff at Football Frenzy. When you receive your first entry form you will receive information explaining the "tie-breaker". Only one entry per week.

Each weekly winner will receive two prizes with a value in excess of \$150. A photo will be taken of all winners and displayed in the Community Club.

All weekly winners names (17) will be placed in a drawing and the winner will receive VIP seating and a steak breakfast for him / her and 9 friends at Zama's Super Bowl Party on 7 February 2011.

### (2) CUMULATIVE PRIZE

The total wins that each participant picks each week will be kept on file at the CZCC. This file will be available for all to view on the Gridiron Challenge Board. The Top 2 players with the most wins after week 17 will receive a prize of \$500 (1st Place) and \$300 (2nd Place)

### (3) PLAYOFF CONTEST

There are two parts to the Play-off Contest. Play-Off Picks: On Week 14 pick the 12 teams that you think will make the playoffs. Once the playoff teams are determined the participant with the correct teams will win \$250. There will be a tie-breaker for the Play-off Picks also. Play-Off Games: Once the playoff teams are determined you must pick which teams will win each game. The format will be the same as during the regular season. Any wins from the regular season do not count in the playoff contest. The conference playoff games are the last games for the playoff challenge. The person with the most wins during the playoffs will receive a \$150 prize.

### (4) "COLLEGE BOWL CHALLENGE"

Once the Bowl bids are determined you will select which teams will win their respective Bowl Game. All 24 College Bowl games will be included in this Challenge. The player who has the most wins after the National Championship Bowl game on 4 January 2011 will receive a cash prize of \$300. The National Championship Game will be the tie-breaker for this challenge.

The winner will receive his / her prizes in the CZCC Firelight Lounge each Thursday at 6 pm in conjunction with the "Football Frenzy". Special evening door prizes will be given at the Frenzy also. All sheets for the next week must be received by 7 pm to be eligible for the weekly prizes. Light snacks will be available and the bar will be open for your beverage needs.



For more information, 263-4547



ents the "3rd Annual Gridiron Challenge Program"

# GRIDIRON CHALLENGE



## PRIZES

Below are the prizes to be awarded to the person who selects the most NFL winners each week. Weekly entry forms are available at the "Football Frenzy" held every Thursday beginning 9 September in the CZCC Firelite Lounge, 5 - 7 pm. Your entry for the forthcoming weekend games must be turned in by 7 pm. A copy of the "Tie Breaker" information will also be available at the "Frenzy".

- Week 1: Two (2) Pro Bowl tickets (from Noram Sports) and ¥5,000 coupon (from Outback)
- Week 2: Nikon digital camera (from Exchange New Car Sales) and ¥5,000 coupon (from TGI Friday's)
- Week 3: Blue Ray disc player (from Powerade) and two (2) tickets to Tokyo Summerland
- Week 4: HP printer, scanner, fax, copier (4 in 1) (from Coca-Cola) and two (2) tickets for Sunday Brunch - the New Sanno
- Week 5: Slim Micro Docking Station for Ipad (from CZCC) and two (2) tickets to Tokyo Summerland
- Week 6: HCT home entertainment system (from Powerade) and ¥5,000 coupon (from Outback)
- Week 7: Sony digital camera (from Exchange New Car Sales) and Patio umbrella and cooler with wheels (from Miller Lite)
- Week 8: Dynex 19" flat screen TV (from Budweiser) and ¥5,000 coupon (from TGI Friday's)
- Week 9: Two (2) Pro Bowl tickets (from Noram Sports) and ¥5,000 food coupon (from Outback)
- Week 10: Lexmark printer, scanner, fax, copier (4 in 1) (from Powerade) and Bud Lite Lime cooler (from Budweiser)
- Week 11: HCT home audio system (from CZCC) and two (2) tickets for Sunday Brunch - The New Sanno
- Week 12: Kodak digital photo frame (from Coca-Cola) and Bud Light lime cooler (from Budweiser)
- Week 13: Sony digital camera (from Exchange New Car Sales) and patio umbrella and folding sports chair (from Miller Lite)
- Week 14: Avol 19" LCD TV (from Powerade) and ¥5,000 coupon (from Outback)
- Week 15: Blue Ray disc player (from Powerade) and ¥5,000 coupon (from TGI Friday's)
- Week 16: Ipad video player / entertainment system (from USA Federal Credit Union) and ¥5,000 coupon (from Outback)
- Week 17: Nintendo Wii console game set (from Coca-Cola) and ¥5,000 coupon (from TGI Friday's)



**NOTE:** Each winner also receives a 4-pack energy sport drink (from Red Bull)

**MWR COMMERCIAL SPONSORSHIP AND THE ZAMA COMMUNITY CLUB STAFF**  
THANK OUR SPONSORS FOR SUPPORTING THIS MAJOR EVENT FOR OUR COMMUNITY.



**USA Federal**  
CREDIT UNION  
50 Years of Worldwide Service



THE NEW SANNO

Restaurant & American Bar



The Budweiser and Miller Lite Companies Support "Responsible Drinking". Sponsorship does not imply endorsement by the U.S. Government.





The Camp Zama Child, Youth & School Services

# BOYS & GIRLS CLUBS

For information, please phone 263-5441/4500.

D

Satur



DOOR PRIZES  
At 2 pm there will be a  
prize drawing

## KID'S KICKOFF STARTS AT 1 PM

Camp Zama Child, Youth & School Services is putting together this event at the Zama Youth Center to enable parents to spend quality time with their children. On this day we will have free food, games, live entertainment, and prizes. The first 300 youths in attendance will receive a free gift bag and Kids Day T-shirt. We will be having drawings for adult and youth prizes. In case of inclement weather the event will be held inside.

## FOOD AND ENTERTAINMENT

- Musical performance by Keri Prather
- Dance performances by Jewel
- Prizes (Nintendo DS Xls, Xbox 360, I-Pod Touch, BGCA gift bags with free t-shirts to first the 300 youths)
- Hot dogs, Hamburgers, and Drinks
- Cotton Candy and Snow Cones

\*\*\* other door prizes will be given throughout the day.

\*\*\* all adult door prize winners will also receive an Outback "appetizer" coupon.

## GAMES AND ACTIVITIES

- Carnival Games
- Face Painting/Tattoos
- Basketball Hoops
- Bouncy Castle
- Bungy Shoot
- Rock Climbing

MWR COMMERCIAL SPONSORSHIP and the CYS STAFF thank our community and this national program to recognize our youth.



**Mattel Japan Ltd.**





# DAY FOR KIDS

day, 25 SEPTEMBER, Zama Youth Center, 1 - 4 PM

## WHAT IS BOYS & GIRLS CLUBS DAY FOR KIDS?

It is a day set aside each year to celebrate and honor America's children by spending meaningful time with them.

Your attendance at this event, both as a volunteer or a parent, will be significant in that our children will know that you care.

**SPECIAL  
PRIZE DRAWINGS**  
There will be "special door  
prizings" for both youths and  
adults.



U.S. Army Child, Youth  
& School Services



sponsors Tokyo Summerland, CocaCola, Mattel and Outback for supporting our

**OUTBACK**  
STEAKHOUSE®

**WATER ADVENTURE**  
東京 **サマーランド**



# Z A M A I T T

Select your **"FUN TOUR"**  
for your ideal hassle free vacation.

*\* Predesigned vacation plans with tours, airfare, hotel, sightseeing and other miscellaneous fees included.*

## FALL ESCAPE TOURS



Laos  
November 23-28



Beijing  
November 24-28



Saigon (Ho Chi Minh)  
November 24-28



Angkor Wat  
November 24-28



Bangkok  
November 24-28



Taipei  
November 24-28



Kuala Lumpur  
November 24-28

## WINTER ESCAPE TOURS



Discover Taiwan  
December 19-26



Exotic Hong Kong & Macau  
December 19-26



Golden Triangle of India  
December 19-29



Classic Vietnam  
December 19-29

## Other Fun Destinations



Sydney



Cairns



Northern Thailand



Beach & City  
(Penang & Singapore)

CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION.



• Military PHONE 263-5273/4059  
• Military FAX 263-7507  
• E-Mail [travel@zamaitt.com](mailto:travel@zamaitt.com)

.....



.....

• Commercial PHONE (046) 254-8896  
• Commercial FAX (046) 255-0356  
• Website: <http://zamaitt.com>





LUNCHES	LUNCHES	DINNER SPECIALS
<b>MONDAY</b> 6 Closed 13 Fried Rice, Karaage and Yakisoba 20 Chicken Cutlet (Lounge Special) 27 10oz Hamburger Steak w/Cheese <b>TUESDAY</b> 7 Garlic Chicken Saute 14 Steak Don 21 Chicken Cashew 28 Chicken Tempura Don <b>WEDNESDAY</b> 1 Fried Rice and Gyoza 8 Hamburger Steak and Fried Shrimp 15 Sweet and Sour Pork and Spring Roll 22 Taco Rice and Karaage Wrap 29 Lasagna w/Garlic Bread	<b>THURSDAY</b> (All-U-Can Eat) 2 Italian Buffet 9 Mexican Buffet 16 American Buffet 23 Oriental Buffet 30 Mexican Buffet <b>FRIDAY</b> 3 Salmon Saute w/Soy and Butter Sauce 10 Fried Shrimp and Curry Rice 17 Pork Ginger and Karaage 24 Garlic Chicken Saute <b>DINNER SPECIALS</b> <b>TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$8.50)</b> 7 Mexican Dinner 14 BBQ Dinner 21 Pizza and Pasta Dinner	28 Regular Menu <b>WEDNESDAY NIGHT</b> Family night movies for adults and youths 1, 8, 15, 22 and 29 September, regular dinner menu. Choose your discount. <b>THURSDAY NIGHT (CHEF'S SPECIAL DINNER)</b> 2 Ribeye Steak (6oz) and Salmon Saute (4oz) (\$20) 9 Ribeye Steak (6 oz) and Mahi Mahi Saute (4oz) (\$20) 16 Prime Rib Dinner (\$20) 23 Regular Menu 30 Regular Menu <b>FRIDAY NIGHT</b> Mongolian BBQ on 10 and 24 September, enjoy the best Mongolian BBQ in town!!! Also, on 3 and 17 September we offer the regular dinner menu.

“See the Bugle for the advertisement”.

# D

eployed

**Spouse Program. If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card. This card will provide discounts throughout various MWR facilities.**

## ■ Army Community Service • 263-8327

### **MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-HELP (4357)**

#### • *Pre-deployment and Operation R.E.A.D.Y. Training*

This training is designed to help all deploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm in the ACS Outreach Room.

### **AER/FINANCIAL/EMPLOYMENT, 263-HELP (4357)**

The ACS Financial Readiness Program offers a variety of services such as finance education, budget

assistance and personalized budget counseling, plus a host of many other financial related programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness through the use of sound money management. Units and FRGs may request classes; email gary.wertz@us.army.mil two weeks in advance minimum.

#### • *Scheduled Financial Classes:*

(all classes are held 1:30 - 3:30 pm)

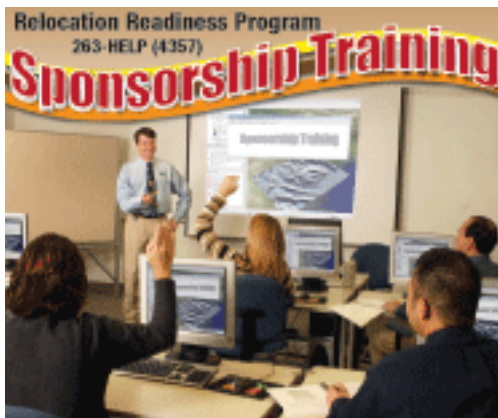
- \* Budget at ACS      Monday
- \* Banking at ACS      Tuesday
- \* Debt Management      Wednesday
- \* Investment TSP      Thursday

First Term Soldiers on their initial duty assignment shall complete all four classes during in-processing.

• **AER Emergency Leaves:** Primary funding for travel to a gateway city of service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway and to and from the leave site.

#### • *Employment Readiness*

Provides assistance with resumes and job search by appointment. The



**Relocation Readiness Program**  
263-HELP (4357)  
**Sponsorship Training**

- Each unit must identify primary and alternate Sponsorship Points of Contact to recruit and train Soldiers to be sponsors for incoming personnel.
- Army Community Service (ACS) offers quarterly training to ensure your Sponsorship POCs are familiar with their responsibilities, and thoroughly trained to carry them out.
- Please call the Relocation Readiness Manager, 263-HELP (4357), to schedule and make an appointment.
- If your unit has not yet identified Sponsorship POCs, please contact ACS to sign up for the next class.

ARMY COMMUNITY SERVICE  
Providing Support to Military Families

## **RELOCATION READINESS PROGRAM 263-HELP (4357)**

**NEWCOMERS ORIENTATION PART I:** 15 September, 8 am - 4:30 pm, Camp Zama Community Club. Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by KDDI. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

**NEWCOMERS ORIENTATION PART II:** 16 September, 8 - 11:30 am, Camp Zama Community Club. Continued overview of information and services including medical and dental. Attendance is mandatory for military and civilian personnel in order to receive a permanent SOFA status drivers license. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

**Exploring Japan / Shopping on the Economy** 16 September, 1 - 4:30 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway and shop off base. Children and Family members are welcome; bring about ¥900 per adult for transportation expenses and extra yen for shopping.

**Loan Closet Available:** Monday, Wednesday and Friday, 1 - 3 pm.

**Beginner's Japanese Class:** Will resume in October.

**Adult Evening English Class:** Wednesdays 5:30 - 7 pm.

No pre-registration necessary.



**MWR COMMERCIAL SPONSORSHIP** and the **ACS STAFF** thank our sponsor, **KDDI**, for supporting the Newcomer's Orientation Program and the Zama community.

• For International Calls: 99 + 001 + Country Code + Area Code + Phone No.



following classes are offered by the Employment Readiness Program on Friday afternoons, 1:30 - 3:30 pm, at ACS (pre-sign up is required):

\* 1st Friday: Resume and Cover Letters

\* 2nd Friday: Interview Techniques and Dressing for Success

\* 3rd Friday: Microsoft Office Applications

#### • Job Fair

Tuesday, 28 September, 1 - 4 pm, at the CZCC (Eda's).


### EXCEPTIONAL FAMILY MEMBER PROGRAM, 263-HELP (4357)

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, which ever come first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm, 21 September. An EFMP workshop on Communicating with Teachers will be held on 20 September, noon - 1 pm at ACS. If you would like to become an EFMP Respite Care Provider and or learn more about eligibility for EFMP Respite Care, please contact Cheryl Rendon, ACS EFMP Coordinator, at 263-4572.

### COMMUNITY LIFE OFFICE, 263-HELP (4357)

#### • Army Volunteer Corps (AVC)

Would you like to learn new skills, meet new people and explore new



# NPSP

**New Parent Support Program- 263-4572.**

**The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.**

- **Play Morning** is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 10 - 11:30 am, at EDIS (Ann Elementary School).
- **Baby Love Seminar:** Importance of Healthy Snacking at Zama Chapel on 14 September, 9:45 - 10:05 am and at EDIS on 23 September, 10:15 - 10:35 am.
- **NPSP Workshop:** "Shaken Baby Syndrome", at ACS, 27 September, noon - 1 pm.
- **Breast Feeding Support Group** is held during 2 September at ACS BLDG 402 from 9:30 - 10:30 am and 20 September, at SHA CDC from 9:30 - 10:30 am. Class will be taught by MEDDAC OB Nurse.
- **Baby Bundles** information and supplies for new and expecting parents and electric breast pumps are available by calling 263-2382 or emailing cheryl.rendon@us.army.mil.

career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. Register as a volunteer in the Volunteer Management Information System (VMIS). It's easy to get started! This can be completed at your home, the education center, the library or by utilizing the volunteer computer at ACS. If you do not have an account at [www.armyonesource.com](http://www.armyonesource.com), register for an account by going to the site and clicking on "register for and account". Once registered with

ArmyOneSource, click on "Become a Volunteer" and select "Volunteer Registration". To become a Camp Zama volunteer contact your Army Volunteer Corps Coordinator.

### ARMY FAMILY TEAM BUILDING (AFTB) 263-HELP (4357)

*The Key to your Army Journey and Passport to Power!*

Join us for our next AFTB Class or go online at [www.armyonesource.com](http://www.armyonesource.com)! If you are a young Soldier SGT or below and need promotion points,



## Army Community Service Quarters Beautification Competition

- Judging for the Quarters Beautification Competition (QBC) for September will be conducted during the period 2 - 10 September at the Zama, Depot and Sagamihara Housing Areas.
- This is the fifth and final judging for this year to determine those outstanding homes with an attractive, eye appealing exterior. Get rewarded and recognized for your hard work and dedication by participating in this very popular monthly community program. Your recognition will let others know that you take pride in maintaining your government living quarters in a high state of appearance.
- Awards will be presented on site in each of the three areas on 24 September.
- Additionally, if you are a first place winner you qualify to be recognized as an "overall" first place winner in your area at a ceremony on 8 October (location and time TBD).
- For additional information, please contact your community mayor or Army Community Service (ACS) at 263-8087.

**MWR COMMERCIAL SPONSORSHIP** and the **Army Community Service Staff** appreciate the support of the **USA FEDERAL CREDIT UNION**, **RED BULL** and the **CAMP ZAMA EXCHANGE (AAFES)** for supporting this five month program for the benefit of our community members.







AFTB is a good source and a great tool that you will be able to use throughout your military career. For more information, please call 263-4357.

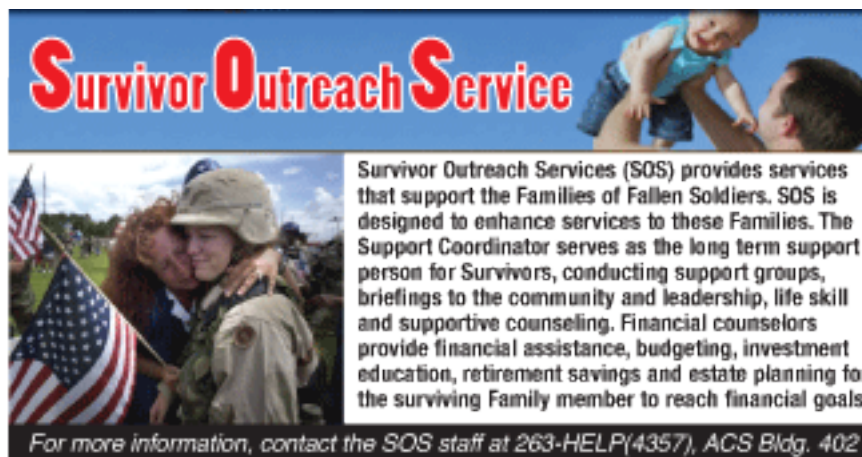
## ARMY FAMILY ACTION PLAN (AFAP), 263-HELP (4357)

"AFAP is a year round process!"

To submit an AFAP issue, log onto <http://www.mwrjapan.pac.army.mil/and> "Submit an AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

## INFORMATION AND REFERRAL, 263-HELP (4357)

I and R provides, maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at <https://intranet>.



**Survivor Outreach Service**

Survivor Outreach Services (SOS) provides services that support the Families of Fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for Survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402

zama.army.mil. After: 4:30 pm and on weekends, maps and directions can also be found on [www.mwrjapan.army.mil](http://www.mwrjapan.army.mil) under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school registration and parent meetings.

• **Children's Japanese Language and Culture Class:** Every Monday, 10:30 am - noon, taught by a native

Japanese speaker. No pre-registration required.

• **Adult English as a Second Language Class (ESL):** Cancelled.

• **Adult Japanese Language Class:**

Every Wednesday

Advanced Class: 10 - 11 am

Beginner Class: 11 am - noon

Taught by a native Japanese speaker. No preregistration required.

All classes are cancelled on US holidays.

## Family Advocacy Program, 263-HELP-4357

*Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take disciplinary or administrative action in appropriate cases. The Family Advocacy Program at Army Community Service provides a wide range of services that strengthens Families and enhances relationships. We believe that these services help support our Soldiers, their Families, and the Army mission. The Reporting Point of Contact (RPOC) for all suspected child or spouse abuse is the Military Police (MP) at 263-3002, 263-4782, 263-4853, or 090-9395-8909.*

### • Sexual Assault Prevention and Response Program (SAPRP)

Sexual Assault Hotline from a DSN: 882# or 090-9395-8909. This is a commander's program designed to help prevent sexual assault through increased awareness and training, and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-HELP /4357 or your Unit Victim Advocate. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-HELP /4357 or 090-9395-8909.

### • Victim Advocacy

Victim Advocacy is a free service for all personnel in the military community. The victim advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come and speak with a trained Victim Advocate and inquire about available services. The victim advocate works with those who have been a victim of domestic violence or sexual assault. Reports of Domestic Violence (DV) may be made on a restricted or unrestricted basis. To file a restricted report related to a domestic abuse incident, a victim may contact the USAG-J Victim Advocate at 882# or 090-9395-8909. A victim may also report to a health care provider or the Victim Advocate supervisor in order to access medical care or other supportive services including referral to service providers, advice, or safety planning. Information provided in a restricted report will not be disclosed to command or to law enforcement. For additional information about domestic violence restricted and unrestricted reporting, please contact Family Advocacy at 263-4782, 263-4853, or 090-9395-8909.



**GUIDE TO SUPERVISE YOUR CHILD**  
**Guidance from the USAG-J Child Supervision Policy (September 2008)**

Children with a history of Attention Deficit Hyperactivity Disorder (ADHD), developmental delay, behavioral problems, impulsivity, psychiatric problems or other impairments should not be given the degree of self-management / responsibility allowed in this policy.

**HOME ALONE?**  
 Birth - 5th grade: Never  
 6th - 8th grades: up to 4 hours with access to adult supervision, never overnight!  
 9th - 12th grades: Over 4 hours with access to adult supervision, never overnight!  
 Graduated: May be left overnight with access to a responsible adult.

**BABY SITTING?**  
 Birth - 5th grade: Never  
 6th - 7th grades: Siblings only! Up to 4 hours with access to adult supervision. Never overnight (2230-0530)! Red Cross Certification recommended.  
 8th - 12 grades: In the baby-sat child's home with Red Cross Certification. Never overnight!

**UNATTENDED IN VEHICLE?**  
 Birth - 5th grade: Never  
 6th - 10th grades: 15 minutes in a parked car with keys removed and handbrake applied.

**UNATTENDED OUTSIDE?**  
 Birth - 5 years: Never  
 1st - 5th grades: Less than 1 hour in sight or hearing distance of a parent or supervising adult.  
 6th - 7th grades: Up to 4 hours with access to adult supervision.  
 8th - 12 grades: May not loiter in the PX, Food Court or Shoppettes.

Children in K- 5th grades attending Japanese Schools must be escorted out of and into the gate unless picked up by bus.

“See the Bugle for the advertisement”.

“See the Bugle for the advertisement”.



**S**HA Pool  
(outdoor seasonal pool).

The last day the pool will be open is **Monday, 6 September (Labor Day)**.

## ■ Sports, Fitness and Aquatics

263-3954 / 4664

### ATTENTION POTENTIAL CONTRACTORS

The Yano Fitness Center is seeking interested applicants in the following areas: Massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, yoga and other group exercises. For more information, call 263-3954/4042.

### YANO FITNESS CENTER

#### • Zama Book of Records

Every third Saturday of the month (next one scheduled for 16 October) at the Yano Fitness Center. All events have a female and male division. Events include: free-throws, 3-point shoot out, bench-press, swim fastest lap, 50 meter kick board, football throw (accuracy), volleyball serving (accuracy) and 40 yard dash. Call the Yano Fitness Center at 263-4664

for specific event times. It is fun, challenge yourself, enjoy fortune and fame as monthly winners are recognized on the Yano Bulletin Board. End of the year winners will get a chance to win fabulous prizes, as well as notoriety as their record and picture will grace the glossy Zama Book of Records. "You too, can become a living legend".

### SERVICES AND CONTRACTORS (263-4664)

#### • Aerobics

Instructor: Amy Bengel

Class times and fees vary; for exact times and fees, please see the Yano monthly schedules or call the Yano Fitness Center at 263-4664/5656. Times and schedules are subject to change depending on community needs.

#### • Martial Arts (Taekwondo Classes)

\* Instructor: Kellie Williams  
Tuesday - Friday:

Ages 4 - 6: 1700 - 1800

Ages 7 - adults: 1815 - 1915

Cost: \$45 per month

\* Instructor: Kang Hyum Soon  
Monday - Thursday:

YANO FITNESS CENTER

# PUNT KICK & TOSS

## COMPETITION

### Men & Women Divisions

6 PM • WEDNESDAY, 8 SEPTEMBER

\*Sign up deadline is 9 pm, Tuesday, 7 September.

\*For more information, please call 263-4664.

YANO FITNESS CENTER

# Labor Day

## 5K Fun Run

### 8 am • Saturday 4 September

- Open to all (18 years of age or older and not in high school) in the Camp Zama community.
- No Fee
- Awards to the Top 2 adult men and women per age category.
- Register by 5 pm, Wednesday, 1 September at the Yano Fitness Center issue counter.
- Age categories: Men and women ~ 18-29 • 30-39 • 40-49 • 50-59 • 60 plus years.
- Commander Cup points awarded.
- \*For more details, call 263-4664/7980.

Ages 4 to adult: 1730 - 1900  
Cost: \$56.20 per month (depending on yen rate)

**NOTE:** All Taekwondo (for both instructors) participants 18 years of age and older pay at the Yano Fitness Center issue counter. All participants ages 17 and under pay at Parent Central Services, Bldg 533, or call 263-4125.

- **Tai Chi** (Chinese breathing exercise) and Kung Fu fitness every Monday at 1845.

One session: \$6

4 sessions: \$20

## SERVICES

- **Massage Cancellation Policy:**

Must be made 24 hours in advance from the time the original appointment was made. Please be sure to ask the staff for the information regarding this policy.

- **Aqua Massage**

The Yano Fitness Center offers "Aqua Massage", \$5 for 15 minutes. You must be at least 16 years old. For more information, call 263-4664/3954.

- **Shizuka's Massage Therapy**

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Fridays, and Saturdays. First appointment is 1030 and the last appointment is 1600. Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$30, 45 minutes for \$40 and 60 minutes for \$50. Payment must be made when making an appointment. Must be 21 years old. For more information, call 263-4664.

- **Yukari's Soft-Chiropractic Massage**

Japanese "Physiotherapy with Yukari" is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1200 - 1800 (first appointment at 1200 and the last appointment at 1700). Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$35, 45 minutes for



**INNER TUBE**  
**WATER POLO TOURNAMENT**  
**Saturday**  
**25 September**  
•  
\*Sign up deadline is  
Thursday, 23 September  
\*For more information,  
please call 263-4664.  
YANO FITNESS CENTER

\$45 and 60 minutes for \$60 (you must be at least age 21).

**NOTICE:** The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

- **Tanning Booth**

The Yano Fitness Center has two tanning booths. Hours:

Monday - Friday:

0530 - 2025

Weekends:

0800 - 1700

Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18).

## AQUATICS F(263-3348)

- **Jacuzzi, Steam Room, Sauna**

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

- **Training Reservations for Swimming Pool**

If you are considering utilizing Yano



YANO FITNESS CENTER  
**10-12 September**  
\*First game starts around 9 pm.  
**CAMP ZAMA'S**  
**BASH FOR CASH III**  
**INVITATIONAL SLOW-PITCH**  
**SOFTBALL TOURNAMENT**  
\*For more information, please call 263-4664/3954.



Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at Yano Fitness Center. For reservations, submit the reservation request no less than 3 (three) weeks in advance. Forms can be e-mailed upon request.

• **Age Policy for Swimming Pool**

Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult guardian. Children 13 and older have access to the pools without parental supervision. Exception: Children participating in special programs organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

• **Solarium Reservations**

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the front desk at Yano Fitness Center. Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.



**YANO FITNESS CENTER**

# WATER

## AEROBICS PROGRAM

**Mondays, Wednesdays & Fridays: 9 ~ 10 am**  
**Tuesdays & Thursdays: 5:30 ~ 6:30 pm**  
**No Classes on Holidays!**

*"For more information, please call 263-4664."*



**YANO FITNESS CENTER POOL**

# Learn-to-Swim Program

## October Session

**Registration: 22 September - 6 October**

**Mon/Wed/Fri**  
**13 October - 1 November**

**Something for Everyone!**

**Weekend Sessions**  
**Sat/Sun**  
**9 October - 6 November**

Adult Beginner/Advanced: (Max. 6, ages 15 & up): 1000 - 1050  
 Adult Beginner/Advanced: (Max. 6, ages 15 & up): 1730 - 1820  
 Preschool 1, 2, & 3 (Max. 4, ages 3 - 5): 1115 - 1150  
 Level 3 & 4 (Max. 6, ages 6 & up): 1600 - 1650

Toddler/Preschool - 1, 2, & 3 (Max. 4, ages 3 - 5): 1415 - 1450  
 Level 1 & 2 (Max. 6, ages 6 & up): 1500 - 1550  
 Level 3 & 4 (Max. 6, ages 6 & up): 1600 - 1650  
 Level 5 & 6 (Max. 6, ages 6 & up): 1700 - 1750

**MWR**



# FITNESS

**FREE Fitness Classes / Services offered by Yano Fitness Center**

**Super Circuit Class**  
 Monday and Wednesday: 1200 - 1230  
 Fridays: 1730 - 1800

**Unit Pt Training**  
 Tuesday: 0630 - 0730 (Please call the fitness coordinator four weeks in advance to reserve time slot and program request).

**Pilates**  
 Tuesdays: 0900

**HIT and Core**  
 Wednesday: 1730

**TBC Yoga**  
 Friday: 1200

**Personal Training / Program Consultations**  
 Limited days and times BY APPOINTMENT ONLY.  
 For more information or appointment call 263-4664/5656.

**All fitness classes / services are subject to change. Please see the monthly flier for accurate times.**

**\*Sign-up required before meeting - Fitness assessment and lifestyle questionnaire required.**

## TOURS AND EVENTS

- **Universal studios Japan**  
Saturday, 4 September,  
2 am - midnight
- **Horse-back Riding for Beginners**  
Saturday, 4 September, 6 am - 5 pm
- **Deep Sea Fishing (Mahi Mahi)**  
Sunday, 5 September,  
4 am - 3:30 pm
- **Grape Picking and BBQ**  
Sunday, 5 September,  
7:30 am - 6:30 pm
- **Yokohama China Town and Morinaga Chocolate Factory**  
Monday, 6 September,  
6:30 am - 3:30 pm
- **Deep Sea Fishing (Mahi Mahi)**  
Saturday, 11 September,  
4 am - 3:30 pm
- **Seto Pottery Festival**  
Saturday, 11 September,  
5 am - 9 pm
- **Nikko Edo Mura**  
Sunday, 12 September,  
6 am - 8:30 pm
- **Venetian Glass Museum and Odawara Castle (NEW)**

- Sunday, 12 September, 8 am - 5 pm
- **Horseback Archery Festival**  
Thursday, 16 September,  
9 am - 5 pm
- **Mt. Fuji Deep Forest Hiking and Underworld Adventure**  
Saturday, 18 September,  
5 am - 5:30 pm
- **Surfing Class**  
Saturday, 18 September,  
7 am - 4 pm
- **INDY JAPAN 399 nuke 2010**  
Sunday, 19 September,  
4:30 am - 10 pm
- **Tokyo Game Show 2010**  
Sunday, 19 September,  
9 am - 4:30 pm

- **Downhill Mountain Biking at Fujimi Panorama**  
Saturday, 25 September,  
7 am - 4 pm
- **Fuji Area Excursion**  
Saturday, 25 September,  
7 am - 6:30 pm
- **Zoo Rasia**  
Sunday, 26 September,  
9 am - 3:30 pm
- **Hotel Mikasuki Ryugujo Spa and Lunch Buffet**  
Sunday, 26 September, 9 am - 7 pm
- **Kyoto and Nara Overnight**  
Thursday - Saturday, 7 - 9 October,  
5 am - 9 pm



### CAMP ZAMA

## BOSS PROGRAM

Meeting every Tuesday at 1530 hrs in the Warrior Zone (located in Building 533). Everyone is welcome to attend!!!

**BOSS WARRIOR ZONE HOURS!!!**

Tuesday, Wednesday Friday: 1800 - 2200

Saturday: 1200 - 2200

Phone: 263-3399

**BOSS President:**  
SGT Valery Valtrain

**Tel:** 263-5197  
**e-mail:** valery.valtrain@us.army.mil

Paid Advertisements

“See the Bugle for the advertisement”.



# Limited

**Online Parts  
Ordering Service.  
Stop by the Auto  
Skills Center for  
more information to  
find the best prices  
for your vehicle.**

## ■ Automotive Skills Center • 263-3615

### HOURS OF OPERATION:

Monday and Tuesday: CLOSED  
Wednesday - Friday:  
1130 - 2000  
Saturday and Sunday:  
0930 - 1800

### PLEASE NOTE:

• All work areas must be clean and checked-out tools turned in by close of business.

### SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the automotive skills center is

issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

### SERVICES OFFERED BY THE AUTO SKILLS CENTER

#### • Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

#### • Used Vehicle Courtesy Inspection

The Auto Skills Center offers a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only. The courtesy inspection does not take the place of the JCI.



**ZAMA Automotive Skills Center**

**TOWING SERVICE AND ROADSIDE ASSISTANCE**

We offer a towing service and roadside assistance Wednesday through Sunday during the Automotive Skills Center normal hours of operation.

Sorry, but we are not a 24 hour emergency service. For all emergencies, please call the TRAFFIC SECTION at 263-3002.



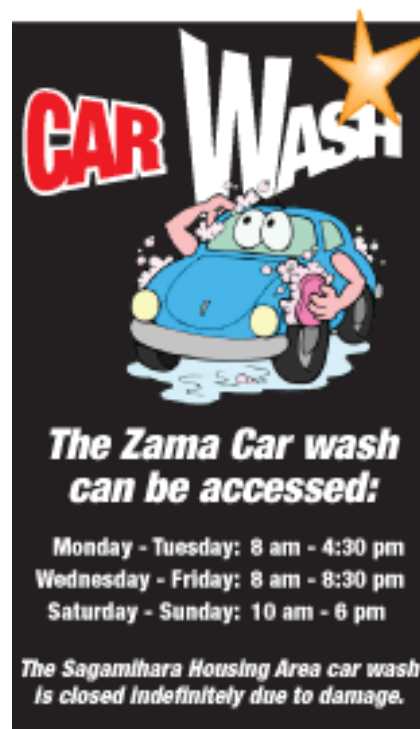
**CLASSES START AT 5:30 PM**

- How to change your spark plugs: 2 and 16 September
- How to change your automatic transmission fluid: 9 and 23 September

NOTE: Final day of sign up is one day prior to the class. Participants are responsible for all materials and or supplies for the class. For sign up information, please stop by or call 263-3615.

**Camp Zama Automotive Skills Center**

**CLASSES**



**CAR WASH**

**The Zama Car wash can be accessed:**

Monday - Tuesday: 8 am - 4:30 pm  
Wednesday - Friday: 8 am - 8:30 pm  
Saturday - Sunday: 10 am - 6 pm

*The Sagamihara Housing Area car wash is closed indefinitely due to damage.*

# ■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

## NEW MCNAUGHTON BOOKS

- *Allies by Golden, Christie*
- *Blockade Billy by King, Stephen* (Best Seller)
- *Foreign Influence by Thor, Brad* (Best Seller)
- *Home Team by Payton, Sean*
- *Ice Cold by Gerritsen, Tess*
- *In the Name of Honor by Patterson, Richard North*
- *Lion by Demille, Nelson*

- *Medium Raw by Bourdain, Anthony* (Best Seller)
- *Private by Patterson, James* (Best Seller)
- *Obama Diaries by Ingraham, Laura* (Best Seller)

## NEW CRITERION COLLECTION BLU-RAY DVDS

- *Crumb Biography* ..... (Robert Crumb)
- *Days of Heaven* ..... Richard Gere

- *Howards End* ..... Emma Thompson and Helena Bonham Carter
- *In the Realm of Senses* ..... Tatsuya Fuji and Aikiko Koyama
- *The Man Who Fell to Earth* ..... David Bowie
- *Mystery Train* ..... Screamin' Jay Hawkins
- *The Thin Red Line* ..... Sean Penn and Nick Nolte
- *Repulsion* ..... Catherine Deneuve
- *Walkabout* ..... Jenny Agutter

# ■ Arts and Crafts • 263-4412

## HOURS OF OPERATION

Monday - Tuesday: Closed  
 Wednesday - Friday: 1130 - 1930  
 Saturday - Sunday: 1000 - 1800

## CLASSES

- **Silk Screen Work Shop**  
 \$15 for a class, includes one free t-shirt (appointment only).
- **Wood Shop Orientation for DA 3031.**

Saturdays: 10 am, no fee.

- **Frame Shop Orientation**  
 2nd and 4th Thursday, 6 pm,  
 \$10 a class; supplies are not included.

Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

- **Wash-Paper Craft Work shop**  
 \$10 a class; supplies are available at the sales store (by appointment)
- **Tole Painting Class "American Folk Art"**

Thursdays, 3 pm, \$20 for a class.

- **Ikebana** (fresh flower arrangement class)

1st, 2nd and 3rd Thursday, 2 pm, \$20 for a class, plus ¥1,000 (flower fee).

- **Shodo** (Japanese calligraphy class),  
 Wednesday, 4 pm, \$10 for a class;  
 includes all supplies.

- **Pottery Classes**

\* Wednesday class: 4 - 6 pm, \$20 for a class, supplies are included.

NOTE: All classes require advance registration. Schedules are subject to change.

## ... WANTED ...

Zama Arts and Crafts Center is now looking for instructors in the following areas: water color paint, Toile paint (acrylic paint), washi paper craft, digital photograph, pottery, balloon art, scrapbook, sawing and color pencil drawing.

**CAMP ZAMA SLAM FEST IV**  
 High Flying Matches, Autographs and Photo Opportunities

**SAT. 23 OCT • Doors open at 3 pm, 4 pm show • Yano Fitness Center, Camp Zama**

Tickets can be picked up at Yano Fitness Center, Camp Zama  
 • Tickets will be available to: SOFA personnel on 3 October  
 • JGSDF, Army MLC/IHA/MC personnel on 10 October  
 • All other categories beginning 17 October while supplies last  
 Two tickets per ID card holder

FOR MORE INFORMATION, 263-7979/4864



“See the Bugle for the advertisement”.

# ■ Community Activity Center • 263-3939/5712/8892

**If you are interested in teaching hula, jazz, piano or drum classes please stop by the Community Activity Center (263-8892) or call the Contracting Office at 263-4986.**

## CLASSES

### • Ballroom Dance

\* Beginner's Class (four classes per month, ¥3,000).

Thursday:

5:15 - 6:10 pm

\* Basic Class (four classes per month, ¥4,500):

Tuesday: 5:15 - 6:10 pm

The class is designed for students who have completed the beginners class, or students who have been attending the beginners class, or people who have experience and/or good physical ability for dancing.

\* Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm

The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years of experience, skills and abilities for ballroom dancing.

• **Piano Lesson** (four classes a month, ¥7,000).

Monday - Friday.

• **Violin Lesson** (four classes a month, ¥7,000).

Tuesday or Thursday.



## ■ Chapel Activities • 263-4898

### CATHOLIC SERVICES

**Mondays - Fridays**, noon, daily Mass, Blessed Sacrament, Chapel

**Sundays**, 9 am, Mass, Zama Chapel.

**Sundays**, 9:15 am, Children's Liturgy of the Word. Blessed Sacrament Chapel.

**Sundays**, 10:45 am CCD, Religious Education Center (from 19 September).

**1st Friday**, 6 pm, MCCW meeting, Zama Chapel

### PROTESTANT SERVICES

**Sundays**, 9:30 am, Sunday School for all ages at the Religious Education Center.

**Sundays**, 10:15 am, Praise Team Rehearsal, Zama Chapel.

**Sundays**, 11 am, Worship Service, Zama Chapel.

(A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

**Wednesday**, Praise Team Rehearsal, Zama Chapel

### SAGAMIHARA PROTESTANT INSPIRATIONAL SERVICES

**Sundays**, 9:30 am, Sunday School, Sagamihara Chapel.

**Sundays**, 11 am, Worship Service, Sagamihara Chapel.

(Nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services).

**Wednesdays**, 6:30 pm, Bible Study, Sagamihara Chapel.

### JEWISH SERVICES

For information about Jewish services, events, and activities, please contact Duncan Adams at 263-2754 or write to duncan.adams@us.army.mil.

### THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

**Mondays - Fridays**, 6:30 - 7:30 am, LDS Youth Seminary (August - June), Sagamihara Chapel.

**Tuesdays**, 7 pm, Tuesday Night Youth Activity, 7 pm, Sagamihara Chapel.

If you would like to attend Sunday Services please call Richard Smith, 046-234-9490, Brian Howard at 263-7419, or Doug Moore at 267-6472.

### BUDDHIST SERVICES

(Soka Gakkai International - U.S.)

**Mondays and Fridays**, 7 pm, discussion, Sagamihara Chapel. Contact Mr. or Mrs. Fulford at 046-257-0613 or at forris@forrisfulford.com.

### SEVENTH DAY ADVENTIST SERVICES

Second Saturdays (Sabbaths), 9:30 am Sabbath School, 11 am Divine Worship, Zama Chapel. Contact Mr. Tom Johnson at 263-3520 or tom.johnson3@us.army.mil for more information.

### ONGOING BIBLE STUDIES

**Sundays**, every Sunday in August after Mass, Ministries' Volunteers and CCD Registration, Zama Chapel.

**Sundays**, 15 August, 9 am, Assumption of Mary Mass, Zama Chapel

For more information, please call the chapel at 263-4898.

The Garrison religious support programs offer many other religious based opportunities for you and your Family: (Bible studies, youth groups, men's groups, women's groups, music ministries, etc). If you desire more information, please call the Garrison Chaplain's Office at 263-4898. The Garrison Chaplain's Office only advertises those religious activities under its auspices.



# ■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

## Army Community Services Branch

■ **Army Community Services** 263-4357  
Mon - Wed 0730-1630  
Thu 1300-1630  
Fri 0730-1630  
US Holidays Closed

## ZAMA Golf Club

■ **DIRECTOR OF GOLF ADMINISTRATIVE OFFICE** 263-3694

263-4966  
(All the following golf activities are open during lunch).

**Course/Starter** 263-4975  
Mon-Fri 0700-1700  
Weekends & US / Japanese Holidays 0600-1700

**Restaurant** 263-7665  
Mon, Tue, Thu, Fri 0630-1900  
Wed 0630-1900  
Weekends & US / Japanese Holidays 0530-1900

**Pro Shop** 263-5284  
Mon-Fri 0645-1700  
Weekends & US / Japanese Holidays 0545-1700

**Driving Range (Unattended)**  
Mon - Fri Sunrise-2200  
Saturday Sunrise-1930  
Sun 1600-2200

**Chip Inn & Snack Stand** 263-5834  
Mon-Fri 0800-1600  
Weekends & Hol. 0700-1500

## Business Division

■ **ADMINISTRATIVE OFFICE** 263-7935

■ **BOWLING CENTER ZAMA** 263-4780  
Mon-Wed, Sat-Sun 1100-2200  
Thu & Fri 1100-2230  
Holidays Closed

■ **BOWLING CENTER DEPOT** 268-4954/4606  
Tue - Sat 1100-2000  
Sun - Mon Closed

■ **ZAMA COMMUNITY CLUB ADMINISTRATIVE OFFICE** 263-4133

**Lunch**  
Tue-Fri 1045-1315  
Sunday Brunch 1000-1330

**Cashier** 263-4547  
Sun-Thu 1000-2300  
Fri 1000-0230  
Sat 1000-0200

**Catering** 263-4204  
Tue, Thu & Fri 0930-1730  
Wed (Appts Only)

**Café Roberto**  
Sun, Tue & Wed 1100-2300  
Thu 1100-2200  
Fri & Sat 1100-2300  
No food service after 2200 hours

**Cornerstone Game Room (no bar)**  
Tue-Thu & Sun 1000-2300  
Fri 1000-0300  
Sat 1000-0230

**Firelite Lounge**  
Sun-Tue & Wed Closed  
Thu Closed  
Fri 1800-0300  
Sat 1900-0230

**USA Dining Room**  
Tue, Thu & Sun 1700-2100  
Wed Closed  
Fri-Sat 1700-2200

■ **HOB NOB INN** 267-6097  
**Lounge & Game Room**  
Sun, Mon, Tue Closed  
Wed 1630 - 2300

Thu 1630 - 2100  
Fri 1630 - 0100  
Sat 1900 - 0100

■ **SAGAMI LOUNGE** 268-4954  
**Take Out** 268-4142

**Lunch (Mon-Fri)** 1100-1300  
**Dinner (Tue-Sat)** 1700-2000

**Lounge/Game Room**  
Tue-Thu 1100-2200  
Fri 1100-2400  
Sat 1630-2300  
Open during lunch

## Recreation Division

■ **CHIEF RECREATION OFFICE** 263-3479  
■ **ADMINISTRATIVE OFFICE** 263-5614

■ **ARTS & CRAFTS CENTER** 263-4412  
Mon-Tue Closed  
Wed-Fri 1130-1930  
Sat & Sun 1000-1800

■ **AUTOMOTIVE SKILLS CENTER** 263-3615  
Mon-Tue Closed  
Wed-Fri 1130-2000  
Sat-Sun 0930-1800

■ **COMMUNITY ACTIVITY CENTER** 263-3939  
Mon-Fri 0800-2100  
Sat, Sun & Hol Closed  
Open during lunch

■ **INTERNATIONAL TOURS** 263-5273  
Mon-Fri 1000-1800  
Open during lunch

■ **LIBRARY** 263-3517  
**Zama**  
Mon-Thu 1000-2030  
Fri-Sun 1000-1800  
Open during lunch  
U.S. Holidays Closed

**Sagamihara** 267-6603  
Tue-Thu 1000-1900  
Fri-Sat 0900-1800  
Sun, Mon & Hol Closed  
Closed for lunch 1400-1500

■ **OUTDOOR RECREATION** 263-4671  
US Holidays Closed

**Vehicle/Equipment Rental & Leisure Travel Services**  
Mon-Fri 0900-1730  
Sat-Sun 0800-1600  
Open during lunch

**Animal Boarding Kennels** 263-5915  
Mon-Fri 1000-1700  
Sat-Sun 1000-1600  
Closed for lunch 1230-1330

**Hardy Barracks Lodging** 229-3270  
**Kure Lodging** 256-2580

■ **POOLS** 263-3348  
**YANO** 263-5037  
Mon-Fri 0600-1900  
Sat-Sun, Holidays 1000-1800

**SHA (Summer)** 263-5656/267-6122  
Wed - Sat 1030-1800  
Sun 1200-1800  
Mon, Tue Closed

**DEPOT (Closed)**  
■ **SPORTS/FITNESS CENTER** 263-4664  
**Zama** 263-3954  
Mon-Fri 0530-2100  
Sat-Sun, Holidays 1000-1800

**Sagamihara** 263-3954/267-6762  
Mon-Sun Open 24 hrs

**Depot** 268-4729  
Mon-Sun, Holidays 0930-1830

■ **Support Services Division** 263-4273

■ **DIRECTOR** 263-4273  
■ **ADMINISTRATIVE OFFICE**

## Child, Youth & School Service Division

■ **CHILD, Y&SS COORDINATOR** 263-8086  
(All the following CDC facilities are open during lunch.)

**Parent Central Services** 263-4125  
263-4743

Mon-Wed 0800-1700  
Thu 1000-1700  
Fri 0800-1700

**Family Child Care** 263-4743  
263-4125  
267-6564

**Sagamihara CDC**  
Mon-Fri 0530-1800

**Zama CDC** 263-4992  
Mon-Fri 0530-1800

■ **YOUTH SERVICES** 263-4500  
**Zama Youth Center**  
Mon-Thu 1430-2000  
Fri 1430-2200  
Sat 1300-2200  
Sun Closed

**School Age Services (SHA)** 267-6317  
Mon-Fri 0630-1800

**Youth Sports** 263-5437  
Mon-Sat 0900-1800  
Open during lunch

**School Liaison Office** 263-3241

## Zama Lodging

■ **ADMINISTRATIVE OFFICE** 263-3293  
**Reservation Desk** 263-2775  
**Front Desk** 263-3830  
Open 24 hours/7 days a week

## USAG-J Okinawa MWR

■ **MWR OFFICE** 644-5396  
■ **ADMINISTRATIVE OFFICE** 644-4270

■ **ARMY COMMUNITY SERVICE**  
Director 644-4110  
Relocation Coordinator 644-4385  
Mob-Dep/IVC 644-4116  
Financial Readiness/AER 644-4378  
Family Advocacy Program 644-5919  
Victim Advocate/SARC 644-4908  
AFTB/AFAP Program 644-4743  
EFMP Program 644-4106  
ACS FAX 644-5918  
School Liaison Office 644-4703

■ **ARTS & CRAFT CENTER** 644-4303  
Lobby 644-4706

■ **AUTOMOTIVE SKILLS CENTER** 644-5612

■ **CORAL COVE COMMUNITY CLUB**  
Business Manager 644-4256  
Lounge 644-4306  
Cashier Cage 644-4426

■ **LIBRARY** 644-4468  
Staff Room 644-5335

■ **MARKETING**  
Commercial Sponsorship 644-4495  
Graphic/Illustration 644-4665

■ **SPORTS / FITNESS**  
Sports / Fitness 644-4334  
Aquatics 644-4389

■ **OUTDOOR RECREATION**  
Scuba Locker 644-4795  
Retail Sales 644-4290  
Equipment Issue 644-4263  
Beach Rental Office 644-4659  
Cabin Reservation 644-4659  
011-81-611-744-4659

## Kure Harbor Club

■ **MWR Office** 256-2580  
256-2581  
0800-1630

■ **Outdoor Recreation** 256-2575  
0900/1700

■ **Dining Room**  
Mon-Fri (Breakfast) 0700-0830  
Mon-Fri (Lunch) 1130-1300  
Tue-Sat (Dinner) 1630-2000

■ **Bar** Mon 1630-2000  
Tue-Sat 1630-2200

■ **PX / CLASS 6**  
Mon-Fri 0900-1730  
Sat 1130-1530

# 21st Annual Ekiden Friendship Road Relay

Photo by Mr. Steve Lovell

**3 Categories:**  
• Men ~40 & under  
• Men 41 & over  
• Women

**NOTE:**

\* To obtain a registration form and for additional information, please phone 263-7980 or 5995.

- There will be approximately 12,000 runners to include teams from Camp Zama, Atsugi, Yokota and Yokosuka. The relay is comprised of four runners.
- This event is "FREE" to SOFA status personnel.
- Special awards will be given to SOFA personnel for 1st and 2nd place in each category (all runners MUST HAVE SOFA STATUS).

# EKIDEN 2010

**SUNDAY, 3 OCTOBER, 8 AM - 4 PM, SAGAMI DEPOT**

• Cutoff date for registration is 8 September. *(Sorry, this date cannot be extended)*

“See the Bugle for the advertisement”.





# U.S. ARMY CAMP ZAMA 在日米陸軍 キャンプ座間



9月18日(土)・19日(日)、一般開放致します



Sat. 18 Sep.  
B. Howard  
R&B  
9月18日(土)  
R. ハワード  
R&B

Sat. 19 Sep.  
Jon B. Rick  
R&B  
9月19日(日)  
ジョン B.  
リック

## MUSIC FRIENDSHIP FESTIVAL

**SATURDAY, 18 SEPTEMBER 2010**  
**SUNDAY, 19 SEPTEMBER 2010**  
**15:00 - 21:00 (No Rain Date)**

Please call the phone number (taped announcement) for inclement weather

**(Gates Open) SATURDAY, 18 SEPTEMBER : 14:30**  
**SUNDAY, 19 SEPTEMBER : 11:00**

A GREAT SELECTION OF ARTISTS AND MUSIC TO INCLUDE  
HIP-HOP, RAP, POP, ROCK, JAZZ, R&B, REGGAE, OLD SCHOOL,  
TOP 40 AND MORE



(Simultaneous Event)  
**U.S. Army Japan &  
Japanese Ground Self Defense Force  
Military Awareness Day**  
**SUNDAY, 19 SEPTEMBER 2010**  
**12:00 - 17:00**



Vehicles and equipment for U.S. Army Camp Zama &  
Japanese Ground Self Defense Force are displayed  
Also, demonstrations will be performed

For more information: Please call [ By Fri. 17 Sep. ]  
お問合せ: Taped Announcement [ By Sun. 19 Sep. ]  
電話 [ 9月17日(金)まで ]  
テープ案内 [ 9月19日(日)まで ]

• DSN: 263-5712/8892 • TEL: 046-407-5712/8892  
• DSN: 263-4177 • TEL: 046-407-4177  
• DSN: 263-5712/8892 • TEL: 046-407-5712/8892  
• DSN: 263-4177 • TEL: 046-407-4177

<http://www.mwrjapan.army.mil/events>

# 2010 ZAMA GOLF CLUB CHAMPIONSHIP

**September 11th-12th (Sat-Sun), Tee Times Starting At 0630 Hrs.**  
Member Division- Zama members with a current USGA Handicap, Other Division- Any golfer with a current USGA Handicap  
Handicap Indexes as of 1 September will be used Deadline for sign up & refund is Tuesday, September 7th at 1730 hours  
Field is limited to 120 players

What: Championship Flight (Men's member and other) - gross score only  
-USGA Index 9.9 & below or qualifier  
-Member Division Champ Flight plays 36 holes on Saturday (54 Total) all other flights  
36 Hole net stroke play with full handicap  
-Championship Flight (USGA Index up to 9.9 and Qualifiers)  
-All Other flights determined after entries received  
-Gift certificates will be awarded for low net winners in each flight  
Champ flight awards based on gross score, plus a trophy for the low gross winner in each division

Qualifier Information:  
Want to play in Championship Flight but your index is above 9.9?  
You will have up to two chances to qualify.  
-Cost \$10 per attempt (Does not include golf cart or green fee)  
-Saturday, September 4th (tee times at 0700 hours)  
-Sunday, September 5th (tee times at 0700 hours)  
-Qualifying score from the Blue Tees = 79 or better

Fees:  
\$50 - Zama, Atsugi and Tama Annual Members  
\$74 - SOFA Status non-members  
¥14,000 - JGSDF (Stationed at Zama)  
¥18,000 - MLC/IHA/HPT (Working for USARJ)  
¥26,000 - All others  
Includes carts, door prizes and buffet luncheon on Sunday

**CONTACT DALE JORGENSEN, DIRECTOR OF GOLF AT 263-3694 OR  
EMAIL: DALE.JORGENSEN@US.ARMY.MIL**

